

January 2012

sunday	monday	tuesday	wednesday	thursday	friday	saturday
1	2	3 Exercise Class Synergy Health & Fitness 9:30 a.m.	4	5 Exercise Class Synergy Health & Fitness 9:30 a.m.	6	7
8	9	10 Exercise Class Synergy Health & Fitness 9:30 a.m.	11	12 Exercise Class SH&F 9:30 a.m. <hr/> Lunch Bunch 12:00 p.m. Classroom 1	13	14
15	16	17 Exercise Class Synergy Health & Fitness 9:30 a.m.	18 Coffee Talk 9:00 a.m. Classroom 1	19 Exercise Class Synergy Health & Fitness 9:30 a.m.	20 Movie Matinee 2:00 p.m. Classroom 1	21
22	23	24 Exercise Class Synergy Health & Fitness 9:30 a.m.	25	26 Exercise Class Synergy Health & Fitness 9:30 a.m.	27	28
29	30 Page Turners Book Club 9:00 a.m. Barnes & Noble	31 Exercise Class Synergy Health & Fitness 9:30 a.m.				


*SH&F=Synergy Health & Fitness

February 2012

sunday	monday	tuesday	wednesday	thursday	friday	saturday
			1 Coffee Talk 9:00 a.m. Classroom 1	2 Exercise Class Synergy Health & Fitness 9:30 a.m.	3	4
5	6	7 Exercise Class Synergy Health & Fitness 9:30 a.m.	8	9 Exercise Class SH&F 9:30 a.m. Lunch Bunch 12:00 p.m. Classroom 1	10	11
12	13	14 Exercise Class Synergy Health & Fitness 9:30 a.m.	15	16 Exercise Class Synergy Health & Fitness 9:30 a.m.	17	18
19	20	21 Exercise Class Synergy Health & Fitness 9:30 a.m.	22	23 Exercise Class Synergy Health & Fitness 9:30 a.m.	24 Movie Matinee 2:00 p.m. Classroom 1	25
26	27 Page Turners Book Club 9:00 a.m. Barnes & Noble	28 Exercise Class Synergy Health & Fitness 9:30 a.m.	29			

*SH&F=Synergy Health & Fitness

March 2012

sunday	monday	tuesday	wednesday	thursday	friday	saturday
				1 Exercise Class Synergy Health & Fitness 9:30 a.m.	2	3
4	5	6 Exercise Class SH&F 9:30 a.m. Lunch Bunch 12:00 p.m. Classroom 1	7	8 Exercise Class Synergy Health & Fitness 9:30 a.m.	9	10
11	12	13 Exercise Class Synergy Health & Fitness 9:30 a.m.	14	15 Exercise Class Synergy Health & Fitness 9:30 a.m.	16	17
 <p>Senior Circle New Orleans Trip</p>						
18	19	20 Exercise Class Synergy Health & Fitness 9:30 a.m.	21 Coffee Talk 9:00 a.m. Classroom 1	22 Exercise Class Synergy Health & Fitness 9:30 a.m.	23	24
25	26 Page Turners Book Club 9:00 a.m. Barnes & Noble	27 Exercise Class Synergy Health & Fitness 9:30 a.m.	28	29 Exercise Class Synergy Health & Fitness 9:30 a.m.	30 Movie Matinee 2:00 p.m. Classroom 1	31

*Travel meeting date for New Orleans trip TBA.